



ENTRANCE INTO THE INSTITUTION

You will be visited by a doctor. During the doctor's visit talk to him/her about your state of health. Tell him about any illnesses that you have had and any medicines that you are currently taking, the reasons why you are taking them and the dosage. You must also let the doctor know if you have suffered any recent traumas or injuries.

It will be suggested that you are tested for HIV, hepatitis and tuberculosis. You are entitled to refuse such tests. There is access to a programme of preventative health care measures, which entails vaccinations and screenings for the detection of contagious diseases.

Your very own medical record will be created and it will record your medical history during your time in prison and it will go with you should you be moved or transferred.



CENTRAL INFIRMARY

Visits to the doctor, when possible, will be carried out in the central infirmary of the medical wing. It is open from 8am to 10pm every day.

If you need to see a doctor, you will have to make the health staff aware of this during their daily rounds or, even if you need therapy, sign yourself up for a medical visit during the 8am roll-call.

If you urgently need to see the doctor, you have to tell the head office during the 8am roll-call and you will then be called in for a visit sometime during the day to see the doctor who

is present every day from 4 to 10pm, or else 118 emergency services will be contacted.

The specialists that work in the medical wing are:

A psychiatrist who comes in once a week

A contagious disease specialist who comes in once a month.

The Sert service is present twice a week

A psychologist twice a week.

Dental service is guaranteed once a week at the AUSL clinic

A dermatologist comes at the request of the person in charge in the medical wing

If you need recovery time or to spend time in hospital, your doctor will suggest it to the person in charge in the medical wing who will then request the authority of the magistrate.

After the necessary authorisations, you will be sent to the civilian hospital or to a prison hospital depending on what is available at the time.

Drug rehabilitation therapy, which follows the Sert treatment programme, will be administered by nursing staff from 9 to 10am.

The refusal of food will be conveyed by the staff to the magistrate and to management.

You can ask the director if you would prefer to be visited by a doctor that you already know and trust but this will be at your own expense. If this doctor then prescribes medicines for you or asks for clinical certificates, the doctor of the medical wing has to agree with this or otherwise the request must be conveyed to the magistrate.



SECTION

The medicines are administered under the supervision of nurses four times a day according to the

medical prescription.

The nurses' rounds begin at 9am. The nursing staff will not administer any medicine that has not previously been prescribed by a doctor.

Vitals (blood pressure, heart rate and body temperature) will be taken in the afternoon unless the medical prescription specifies otherwise. Blood sugar levels will be read at a time that is specified by the medical practitioner. You cannot keep medicines in the cell (except in particular cases).

SOLITARY CONFINEMENT



If you are in solitary confinement for legal, disciplinary or health reasons, you will be visited by a doctor every day.

WORK



To be able to work, you must be physically able. In the case of illness or if you are injured at work, a medical certificate will be taken to the INPS or INAIL.



SPORTS ACTIVITY

To be able to do non-competitive sports activity, you have to have a medical certificate that states that you are of sound health. In order to apply for this, you must follow an appropriate model that you will find in the section. If, for health reasons, you cannot be granted a medical certificate of sound health, you will be authorised to attend the sports field as a spectator.

DIET



If you are diabetic, the doctor will prescribe a suitable diabetic diet

for you. If you have difficulty chewing, due to having lost teeth, you will be prescribed a diet, which includes bread that is easy to chew.

FREE SERVICES

Doctors' visits
Nursing care
Clinical laboratory analysis
Certificate of sound health that is required in order to work
Available medicines in the pharmaceutical handbook of AUSL 7
Dentures, if it falls within the criteria as seen by the law



SERVICES ON PAYMENT:

Pension certificate
Copy of medical record
Doctor that you know and trust



TRANSFER:

A doctor has to put down in writing a translated statement of your fitness level each time that you leave the prison.

SEMI-FREE



At night you are usually in your cells. If you have problems, ask the doctor for a guard on your re-entering the cells.

If you fall ill, you have to also stay in the cell during the daytime. If you have to be

assessed, you will have to remain in the cells and ask the trainers /assessors for a change of date.



GENERAL INFORMATION

Within the Casa Circondariale (District Home), a Presidio Sanitario Territoriale (Territorial Health Garrison) is present. It depends on the Unità Funzionale Salute in Carcere della Azienda U.S.L.7

It is important to establish an appropriate and honest relationship with the health staff of the Presidio. They are there to monitor your state of health. The prison doctor fills out your health reports as far as they concern you and as far as they interest the prison, the magistrate and the ministry/government.

It forms part of the board/council of discipline

In the case of incompatibility with your imprisonment, alert the Magistrate.

The Regional Health Service strives to guarantee: equality, free health care and continuity, confidentiality of the health services as well as ensuring that the Penitentiary System guarantees the appropriate use of the results of medical tests, founded on the principles of civil rights and of the rehabilitative function of the restriction of freedom.



TERRITORIAL HEALTH

GARRISON

PRESIDIO SANITARIO TERRITORIALE

SIENA



Information brochure on the health services for the convicted population