Azienda USL Toscana sud est
(Local Health Authority)

Italian Health Care System
A short guide for foreign students

(Services offered, documents needed, how to register)
The “key actors” are

- **Azienda USL Toscana sud est** is the Local Health Authority supplying **standard medical assistance**
- **Azienda Ospedaliera Universitaria Senese** is the Siena General Hospital providing **in-patient and out-patient treatments and specialized care**
- **Other General Hospitals available:**
  - Ospedale di Nottola (Montepulciano)
  - Ospedale di Campostaggia (Poggibonsi)
  - Ospedale di Abbadia San Salvatore
The Italian healthcare system is funded through direct taxation and is handled at a local level by the Local Health Authority (Azienda USL).

Italian citizens are required to make a co-payment (called “ticket”), for most of the specialized visits and to purchase medicines.
Services offered

**Emergencies and first aid**

- For medical advice out of office hours (after 8 p.m. and during the weekend) you can refer to the doctor on duty ("Guardia Medica") dialing 0577 367773

- In the case of a serious emergency or if you need an ambulance, dial the Emergency number 118

*The Emergency Department at the Siena General Hospital is open 24 hours a day. A co-payment ("ticket") may be required for clinical tests and instrumental diagnostics (x-ray, scans, etc)*
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Services offered

Youth Counseling (UP TO 26 years old)

-In case of problems related to sexuality (unwanted pregnancy, contraception, etc.) or issues concerning depression, eating disorders, anxiety, relationships, etc.

Office hours: Tuesday and Thursday 14.30-19.00
Address: Viale Don Minzoni 43 - Siena
Appointment only by telephone 0577 536154 - 536575

https://www.facebook.com/consultorio.adolescenti?fref=ts
Services offered

*Family doctor (General Practitioner)*
A doctor you can refer to when:
• you need general medical advice
• you need a medicine that pharmacies are allowed to sell only with a doctor’s prescription (called “ricetta”)
• you need to request a specialist visit or examination (blood tests, dermatologist’s visit, etc.)

Family doctors are only available during their office hours (for more information visit our website [www.uslsudest.toscana.it/cosa-fare-per-scegliere-il-medico-o-il-pediatra/orari-ambulatori-medici-e-pediatri-di-famiglia](http://www.uslsudest.toscana.it/cosa-fare-per-scegliere-il-medico-o-il-pediatra/orari-ambulatori-medici-e-pediatri-di-famiglia))
Services offered

Specialist visits or examinations (i.e. blood test, oculists, dermatologists, x-rays etc.)

You must first consult your family doctor. If needed, he/she will issue the prescription (“impegnativa”) required for most of the treatments supplied by Azienda USL Toscana sud est.

To book visits or examinations:

- Call the Booking Service (Centro Unico di Prenotazione) 0577 767676 (office hours Monday to Friday 8-18 Saturday 8.30-13)
- usl7.zerocoda.it (blood tests only)
- prenota.sanita.toscana.it (available for a limited number of visits with e-prescription “ricetta dematerializzata”)
Documents needed to access the Italian Health Care System

1. European Union students

If you are in possession of EU Health Insurance Card (“tessera sanitaria europea”) you can access the medical assistance in the same way as Italian citizens.

You don’t need to register with the Italian Health Care System.
Documents needed to access the Italian Health Care System

2. European Union students

If you possess a **S1 form** (issued by the Health Authority of your home country) you have access to medical care and will be assigned a specific family doctor.

You first need to register with the Italian Health Care System. The registration is free.
Documents needed to access the Italian Health Care System

1. UK students

From 1 January 2021 healthcare cover is provided to students in possession of UK European Health Insurance Card (EHIC).

You will only be able to use your EHIC in the country you are studying in and only while you continue studying there. This country is identified on your EHIC (field n°6) by an international country code (IT for Italy).
Documents needed to access the Italian Health Care System

1. Extra-European students

If you are in possession of a private medical insurance policy against illness and accident you can access medical care and specific treatments or examinations. You will be asked to pay the whole cost of specialized visits, blood tests, instrumental diagnostics etc. You have to keep all the receipts in order to ask for a reimbursement.
Documents needed to access the Italian Health Care System

2. Extra-European students

You can register voluntarily with IHCS. The registration costs 149,77 Euro (if you have not received any income during the previous year).

The registration is valid for one calendar year (from the 1° of January to the 31° of December).

You have the right to choose a family doctor and access health services paying the same “ticket” as Italian citizens.
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WHERE to register

Ufficio Assistenza Estero Siena

Due to the Covid-19 pandemic only by email
anagrafasanitaria@uslsudnest.toscana.it
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Documents needed for registration

- EU students with S1 forms
  You will need to present the original form

- Extra EU students
  You will be required to present the following documents
  1. The receipt you got at the post office upon payment for voluntary registration (149.77 Euro)
  2. Your temporary residency permit (“permesso di soggiorno”) released by Local Police Authority (“Questura”)
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MORE INFORMATION

- Visit our web site www.uslsudest.toscana.it
- Call Ufficio Assistenza Estero 0577 535989
- Email to:
  ufficiostranieri@usl7.toscana.it
  assistenzaestero@uslsudest.toscana.it